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For advertising information, or
 item for inclusion in the next
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ACKNOWLEDGEMENTS:

Cover photo courtesy of Bryan Wood.

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Welcome!

It's been over 17 years since the original group of local nonprofits became involved with the North Idaho Family Magazine. Through the years the publication and its companion website, nifamily.com have provided:

- Hundreds of local features on things that matter to North Idaho families.
- The N.I.C.E. calendar for charitable events planning.
- The North Idaho Family Group, for organizations that support healthy families, and
- Connections through social media.

The North Idaho Family Group is a 501(c)3 nonprofit organization whose mission is building healthy families and lifelong learning in our community, predominantly by being a backbone organization for other area nonprofits and projects.

- See the FREE Area Resource Overview, including the launch of the online Services Directory on page 10.
- Get involved in future "mini Convoys of Hope" through the Health GPS/Building Blocks program. Info on page 19.

We Want YOU!

Join the Team. Future plans for the Magazine & Family Group include expanded photography content, sales opportunities, community outreach, and education. Contact members@nifamily.com.

Stay connected with us by subscribing by email or following us on Facebook: www.facebook.com/NorthIdahoFamilyMagazine.

Become a Member of the North Idaho Family Group for Members Benefits at www.nifg.org.

Use the FREE Area Resources, see page 10, for more efficient communication, networking, and collaboration.

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A comprehensive central location for information about Pre-K through career education choices in North Idaho



American Ninja Warrior

Local competing for Shriners' Hospital.



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BOARDING GROWS UP



“We grew up boarding, it’s always been a big part of our lives. Many of us have families now. We want a safe place our kids can go that promotes healthy choices, freedom to express themselves, be creative and encourages them to excel in their sport and their lives.”



Families pictured from left to right: Cantarero, Holt, White, Olsen, Wood and Baker

www.cdask8prk.com

CDASK8PRK • COEUR D’ALENE, IDAHO •

Skateboarding has been around for decades, but CDASK8PRK, a local 501(c)3 nonprofit dedicated to raising funds to build a state of the art action sport park, is on track for creating a new face for the sport of boarding. Not by design, but by their mission and their very nature.

“We grew up boarding, it’s always been a big part of our lives. Many of us have families now. We want a safe place our kids can go that promotes healthy choices, freedom to express themselves, be creative and encourages them to excel in their sport and their lives.” said North Idaho Skatepark Association board President, Jason Olsen. “A quality skate park can be a tremendous asset to a community. Not only reducing

property damage and infringement incidents but providing a place for individual learning, camaraderie, and fostering independence in a healthy sport for kids of all ages.”

The city master planning for the four corners includes space that could house the dream park this group has in mind. Armed with a growing number of community supporters, recent training in grant writing and community collaboration efforts, and success in a few fundraising events, this hearty group of organizers is on a roll. However, a quality park can be an expensive proposition. A small park can be upwards of \$200,000 with a multi-use, family oriented, safer facility estimated to be in the \$400,000 range. “It can be an economic tool as well on multiple levels if done right,” said Olsen. “Besides being a place to keep kids busy and off the streets, the park would have the ability to attract festivals, competitions and exhibitions. It can be great for the whole community.”

For more on possible designs being discussed see www.cdaid.org/four-corners-master-plan.



Game Plan for College Athletic Scholarships

By Shawn Mosqueda, Independent Scout/Agent, www.ShawnMosqueda.com

Many children (and their parents) dream of playing a professional sport. Kids idealize professional athletes imagining the day that they too will make it big. Whether it is football, baseball, basketball, gymnastics, ice skating etc., the excitement of beginning that journey starts in elementary school. For some it's a parent desire to see their dreams fulfilled in their kids, assistance with paying for college, a family legacy, or the child's passion for the game. The most successful pursuits are those in it for the love of the game.

Exploring options starts in elementary school, but children under 12 should be discouraged from specializing in one sport. As they play, they will begin to excel and appreciate one or two over the others. This is the time for fun, growing, and learning the mechanics and skill sets of many different sports.

In junior high a particular focus for an athlete is appropriate, and to begin preparing for college, before it really counts. During junior high, the importance of grades (developing excellent study skills and priority setting) begins to become a key factor. Additionally, deciding what sport they love and may potentially want to play in college needs to occur. With that, many athletes begin playing club/travel team sports in preparation for high school and beyond.

Starting the 8th grade year, discussions regarding playing in college should begin. The recruiting process informally begins the



summer going into 9th grade. By this time athletes need to understand the importance of maintaining a high GPA. Because a 3.5 GPA is the normal minimum requirement for scholarship dollars, athletes who intend to pursue funding and a college career need to be aware and committed by the time they enter high school. Failure is likely without this step. This time is also appropriate to make contact with college coaches informing them of intent to play college sports and building a rapport with them. The longer period of time for communication often results in a higher likelihood the athlete will be recruited. Coaches are similar to entering any prospective relationship. Getting to know and like those they'll lead is an added incentive to their athletic ability in player selection for many coaches.

The recruiting time frame is very short. Athletes have literally three seasons (thirty six months) to get the attention of and build

3 major components to getting a college scholarship

- **Athleticism** – An athlete must have the ability to perform at the college level.
- **Grades** – Without good grades colleges won't make offers. Most institutions fund athletes from a combination of grants, foundations, and other sources. Securing an academically and athletically excellent student helps them maximize the spending of those funds.
- **Character** – Possibly the most important component of all is character. An exceptional, naturally talented athlete with a bad attitude or who is not coachable won't be considered. If scouts or coaches see an athlete throwing a fit of anger, belittling other teammates, or even creating drama, they will walk away. Character will determine how an athlete handles adversity and responds to tough situations. Many scouts love to see athletes in all circumstances in order to make an accurate assessment of an athlete. When a team is losing, that is when the character of an athlete shows. Will the athlete be an asset or liability for a team? Will the athlete rise above and encourage others, or will they give in to despair?

An athlete who hopes to gain college funding and placement cannot be lacking in any of the three components. A scout's job is to provide an independent non-biased opinion of an athlete. They monitor how athletes respond to friends, teammates, coaches, and parents. The report given to the college recruiters from an athletic scout predominantly determines their college sports career.

a rapport with college coaches. For the more popular sports like softball, baseball, football, basketball, and soccer, most coaches at the division I and II levels have their scholarship money earmarked for an athlete by the start of their senior year. After this, division III and junior colleges are the only options that remain for athletic scholarship money. Other sports that are not subject to the same timeline would include golf, track, cross country, swimming, diving, rifle, and wrestling. Many of these have great scholarship potential even after high school graduation.

The bottom line is that planning, preparation, and commitment are key factors in the pursuit of athletic scholarships.



Education INFORMATION Center

Bookmark It Now!

edinfocentercda.com

The Education Information Center, a new community-wide, comprehensive educational resources website launched last spring with the support of its Visionary Partners: Knudtsen Chevrolet, Waste Management of Idaho, Ignite CdA, and North Idaho Higher Education. The Pre-K – Career Education Information Center project has also received additional support from Avista and the Coeur d'Alene Tribe.

The North Idaho Family Group, Inc., a 501(c)(3) corporation focused on developing healthy families and lifelong learning, launched the new Education Information Center, which is a “one-stop shop” website that provides access to all educational resources including (but not limited to) preschools, religious schools, alternative and homeschool support, trade schools, professional-technical training programs, higher education, workforce education certification, community enrichment classes, and much more. The site provides access to resources only and will not deliver educational programming (such as online courses).

Individuals seeking information will be able to search for educational opportunities and resources by category, location, age, special need, or desired career. The website will also include information and “how to guides” for scholarships, grants, and accessing federal aid programs, ongoing education paths, statistics, and educational news links.

INFO North Idaho Family Group
Education Information Center
208-502-0099

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Education INFORMATION Center™

Home School Search Pre-K - K Grades 1-5 Middle School High School Higher Education Everything Else Pay for School Resources Blog / News



IT'S ALL HERE!

Links to Local Pre-Kindergarten through Career Training and Beyond!

MOST POPULAR RESOURCES

- Glossary of Terms
- North Idaho School Districts
- Comprehensive (local) scholarship list
- Career Planning/Counseling Sites
- Tutoring & Homework Help
- Research School

BIRTH TO KINDERGARTEN

- Developmental Testing for Infants & Toddlers
- List of Schools
- Preschool Licensing
- Is my child ready for Kindergarten?

[More >>](#)

1ST THROUGH 8TH GRADE

- Advanced Learning Opportunities
- Tutoring and Homework Help
- Testing, SBAC & ISAT
- Out of School Programs

[More >>](#)

Search the Site

type your keyword here

Feedback Please!

Email
feedback@edinfocentercda.com

Local News & Blogs

Coming Soon!

testimonials

What people are saying...

Steve Widmyer, Mayor, City of Coeur d'Alene

A single source virtual and physical Education Information site would be a tremendous asset to the city. Quality jobs are a priority. This type of tool and assistance to both attract and train the local workforce, from Pre-K through Career, is a worthwhile and valuable pursuit. Please keep us informed and let us know when and where you'll need our support.

Eve Knudtsen, President & CEO, Knudtsen Chevrolet

Our organization is a visionary partner because we believe education is vital to the regional economy. This legacy project will fill a niche for generations to come.

Mark Browning, Vice President for Community Relations and Marketing, North Idaho College

Anything that raises awareness and builds the value of education for our kids and their kids, PLUS makes it more simple to find because it's all in one place is an A+ idea.

Nancy Lowery, President, Hayden Chamber of Commerce

A comprehensive Education Information Center will be an extremely valuable resource for our community members, business owners, newcomers, and for businesses that are considering moving to North Idaho. A one-stop shop where individuals can access timely information about educational programs from preschools to college to careers is extremely visionary and would be an enormous asset to our community.

Marie Price, Director for Workforce & Community Education North Idaho College

This would help us focus on curriculum and programs and would be a great asset to the community.

Vicki Isakson, Manager, Idaho Department of Labor
It's going to be a fantastic system!

Coeur d'Alene Education Partnership

As an organization that seeks to unite our community, inform our stakeholders, and advocate for excellence in education, we find value in an Education Information Center that would offer extensive information on education resources in Kootenai County. A program that aids families and students in key decision-making issues regarding education is a benefit to our community.

Gynii Abracosa Gilliam, President, Jobs Plus – Coeur d'Alene Area EDC

An Education Information Center website would be a terrific help in aiding both corporate relocation and existing companies in our community gather educational information in one website that can help them retain and train their workforce. We are looking forward to the launch of this Center and will do what we can to help.

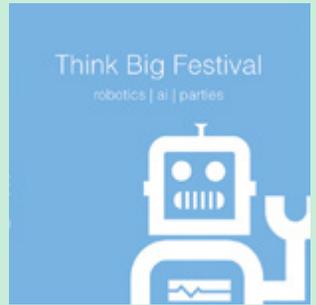
Visionary Partners



with additional support from Avista and The Coeur d'Alene Tribe



The **Think Big Festival** is an annual event that educates and empowers entrepreneurs by focusing on the speed at which technology is moving and our role in its progression. August 20th, 21st, and 22nd 2015 highlighted the field of robotics and hosted brilliant minds from Microsoft, Boeing, Johns Hopkins APL, and more in Coeur d'Alene, Idaho. Mixing together a beautiful lake town, thought provoking speakers, live startup pitch sessions, Segways, robots, tech parties around town, and innovative minds was the perfect formula for a professional-- and personal-- experience.



"This was the most amazingly talented eclectic group I have had the pleasure to be with."

Jerry Henley
Sorensen Capital

"The Think Big event was amazing. The speakers were interesting, the topics appropriate and the sheer density of people the you needed to talk to was amazing. Every time I turned around there was someone else that I needed to talk to about our project - either for our benefit or theirs."

Brandon Smith
FarbGS

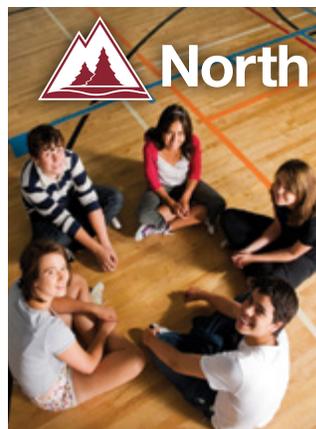
"It is humbling to think that in our second year of existence we can say that executives from Microsoft, Facebook, Johns Hopkins APL, Senators, and department heads at major Universities gathered to have strategic conversations about the North Idaho economy and education system while in North Idaho."

Nick Smoot
Think Big Festival Founder

Visit www.thinkbigfestival.com to learn more about the event.



North Idaho College



THIS IS MY STUDY GROUP

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New NIC English program builds foundation for schooling, employment

Written by Kaye Thornbrugh, photo by Tom Greene

When Erika Andrade first came to the United States from Colombia, the only English she knew was what she was able to pick up here and there.

“I came here for my American dream,” she says, speaking with confidence.

That was 12 years ago. Andrade has made a home for herself and her three children in Idaho. Because the ability to speak English is so important in this area, Andrade says she has constantly looked for resources to help her improve her English. Recently, she learned about the Intensive English Language program (IELP) at North Idaho College.

IELP is a new program that provides English language training to help students prepare for college and professional development. Students will hone a range of skills, including listening, speaking, reading and writing. Teresa Runge teaches the program, which is open to both international and non-international students.

Andrade says she was immediately excited about the program. She enrolled in June.

The program is available year round and runs in eight-week terms. Students advance level by level until they complete the program. The next eight-week term will run from August through October. Students can take classes full-time or part-time—five, three or two days a week—to accommodate their schedules.



Erika Andrade (left) learns English from NIC Instructor Teresa Runge. Intensive English Language Program provides English language training to help students prepare for college and professional development.

Andrade attends class on Tuesdays and Thursdays. Already, her English has improved so much that she’s ready to start taking college classes in the fall. She’s enrolled in two classes at NIC, and she’s optimistic for the future.

“I really want to go back to college,” she says. “I did high school in Colombia. All my life, I’ve worked in cleaning. I love cleaning and I’m grateful, but I want to have something more—a career for me and my family. I have a goal.

Andrade says she recommends the program to anyone who wants to improve their English skills, whether for work or for school. The ability to communicate in English can open doors that would otherwise remain closed.

“I’m grateful they’ve opened the program,” she says. “It’s a great opportunity NIC has offered to all immigrants from other countries.”

To apply for the Intensive English Language Program, visit www.nic.edu/ielp/ or call (208) 769-3317. Class registration information is available at www.workforcetraining.nic.edu or by calling the NIC Workforce Training Center at (208) 769-3214.



Meet University of Idaho student Travis Bertram

- * Started at NIC in August 2010
- * Transferred to UI Coeur d’Alene in Fall 2014
- * UI Psychology major, Marketing minor
- * Expected UI Graduation Date: May 2016

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 North Idaho College

Immaculate Conception Academy Celebrates 40 Years

Beside I-90 lies one of the best kept secrets in education in North Idaho. Immaculate Conception Academy, a Catholic boys school, provides a classical Christian education to grades Kindergarten through 12. The rigorous curriculum at ICA is designed to produce a well-rounded, cultured individual with a firm moral compass and keen critical thinking skills. Students study great works from Shakespeare, Homer, Dante, Dickens, Plato, Aristotle, and Thomas Aquinas. Students round off their education with courses in logic and philosophy during their senior year. The math and science curriculum is strong, running through pre-calculus, chemistry, and physics. Students participate in extracurricular activities and sports such as: chess, choir, drama, speech, basketball, soccer, and a new rugby program.

Last year the choir won gold medals and a superior rating at the Musicfest Northwest, and sang live on KPBX. The high school and middle school students also produced an excellent rendition of Gilbert and Sullivan's "The Mikado" at the Jacklin Arts Center in Post Falls. An alumni association was founded.

This year, Immaculate Conception Academy will celebrate its 40th anniversary. Founded in 1975, the school began with just 17 students and two teachers; it has grown to have almost 200 boys and 29 staff members.

Immaculate Conception Academy will hold an Auction on Friday, October 30 at the Best Western/CdA Inn to benefit the Academy. Tickets are just \$35 and will include dinner. There will be raffles, a silent and LIVE Auction.

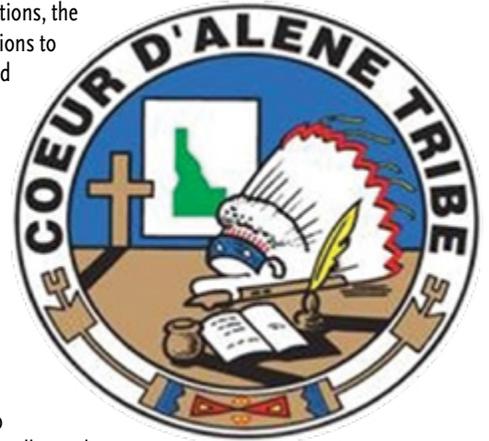


Immaculate Conception Academy
Tickets: 208-773-7442

The Coeur d'Alene Tribe Invests in Education

The Coeur d'Alene Tribe recently announced donations totaling \$1.1M to more than 100 schools, school districts, and nonprofit organizations across Idaho and the Inland Northwest region. With this latest round of donations, the Tribe's lifetime contributions to education have surpassed the \$22.5 million dollar mark.

Local recipients include the North Idaho Family Group's Education Information Center, Coeur d'Alene School District, the Coeur d'Alene Library Foundation, the EXCEL Foundation, North Idaho College, Gizmo, the Post Falls Food Bank, University of Idaho, KIDS Camp, the Salvation Army Kroc Center, and many more.



"Honestly, I can't think of anything more worthwhile than to invest in our children's futures. Many teachers and schools need books or classroom supplies and technology that they haven't been able to buy because of budget cuts in Idaho. We're proud to be able to help fill that funding gap and help to ensure all students have the best education possible," said Coeur d'Alene Tribal Chairman Chief Allan of the donations.

The Coeur d'Alene Tribe first committed to donating to education in 1992 when its leadership volunteered to return 5% of its net gaming revenues to support education as part of its gaming compact with the State of Idaho. The commitment to education is ongoing. In fact, the Tribe is currently accepting requests for 2016 funding through September 30, 2015. The application can be found at www.cdatribe-nsn.gov/council/ChairmansOffice.aspx. Scroll down to the "Education Donations Request" section.



Coeur d'Alene Tribe
Heather Keen, Public Relations Director
hkeen@cdatribe-nsn.gov
208-686-2023

Oct. 30
2015

NORTHWEST

EXPERIENCE

DINNER and AUCTION

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6:30 DINNER / 7:30 LIVE AUCTION

TICKETS \$35

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Free Area Resource Overview

There are new and improved resources available to area nonprofits and the clients they serve. All of the resources listed below are FREE!

• NIServicesDirectory.org:

Directory of immediate and basic needs service providers. Search by category, keyword, county, and more. Check your listing to make sure it is accurate and up-to-date. More listings are being added.

• United Way of Kootenai County's Volunteer Hub at Kootenaiunitedway.org:

CONNECTING PEOPLE, with a new and improved website launching this fall featuring mobile capabilities, volunteer tracking, search features, notifications, social media sharing, etc.

• NINonprofits.org:

The North Idaho Nonprofits Message Board, aka "The Driscoll List 2.0." Post messages, subscribe to receive an email when a new post is added. There is no cost to join. Visit the website and click the "How it Works" link for more info.

• Nonprofit Networking:

Opportunities for education, networking, and connections via monthly Interagency Meeting (3rd Wednesday at Sunset Bowling) and Kootenai Nonprofit Group (3rd Friday at the Kroc Center). Visit www.nifamily.com for more info.

• North Idaho Charitable Events (N.I.C.E.) Calendar:

For easy event-planing visit www.nifamily.com to submit your benefit or fundraising event.

• Health GPS/Building Blocks:

"Hope Continues" with "Mini Convoys of Hope" days at local schools, hosted by neighborhood churches via "Block Party" events. The goal is to create a network where people can develop relationships. See page 19 for more info.



North Idaho
FAMILY GROUP
a communications & marketing coalition

Join the North Idaho Family Group

The North Idaho Family Group is nonprofit 501(c)(3) corporation comprised of a fee based membership that is dedicated to promoting healthy families and lifelong learning.

For your \$100 annual investment you will receive:

- A 250-word article in one issue and possibly all issues if space allows (Preference for articles is always given to Members)
- One \$150 gift certificate toward an ad of your choice in one issue during your first member year
- Voucher towards one class provided by the University of Idaho's Professional Nonprofit Leadership Certification Program
- Service Directory listing in magazine, directory and a link on www.nifamily.com

How to Join:

- Online: Visit www.nifg.org and click "Join Now"
- Email: Members@nifamily.com
- Call: 208-699-0126



Our Community AT A GLANCE



MAKE A DIFFERENCE AS A GOODWILL® GOODGUIDE MENTOR

Goodwill® GoodGuides is a national mentoring program for youth between the ages of 12 and 17 who want to learn about careers and prepare for success. The goal of the GoodGuides program is to equip youth to build career plans and learn skills to prepare for school completion, post-secondary training and productive careers. Peer and adult mentors are being sought for the program in North Idaho. Contact Sherri Richardson at 509-444-4309 or SherriR@giin.org for more info.

UNITED WAY DAY OF CARING

The 8th Annual United Way of Kootenai County Day of Caring is Thursday, September 24, 2015 and our campaign companies are ready to roll up their sleeves to help you! So we need YOUR agency projects! Don't put off a fresh coat of paint in your office, garden boxes, or a small construction project. We have over 300 business leaders and community members waiting to grab their tools and spend the day giving back to our community through United Way of Kootenai County's Day of Caring. Last year, Day of Caring saved non-profit agencies more than \$30,000 in labor.

Submit your Project Proposal at www.kootenaiunitedway.org/day-caring-project-proposal.

WINTON ELEMENTARY SCHOOL DEDICATION

The new Winton Elementary School was dedicated on August 24. The 52,000-square foot building is located at 920 W. Lacrosse in Coeur d'Alene, and is built on the same property as the former school building, which was 89 years old before it was torn down.

HEART OF THE CITY CHURCH EXPANDS FALL FESTIVAL EVENT

Heart of the City Church is expanding their Fall major outreach GRTR (Greater) Fall Festival, formerly CitiFall Festival, on October 31 at the Kootenai County Fairgrounds. This event draws around 1500 people, and activities include live music, entertainment, an inspirational message, games and prizes for kids, food, pie and chili contests, and a mechanical bull. This year the one-night event will be part of a weekend of celebration, which will include a guest speaker from Portland, Oregon on Friday night and Sunday morning for special services at the church facility. Info: heartofthecitychurch.org or 208-665-7808.

KJ TORGERSON NEW CEO OF NORTH IDAHO CASA

KJ Torgerson was hired in June as the CEO of the 1st Judicial District CASA Program, Inc, commonly referred to as North Idaho CASA.



Torgerson has been a CASA volunteer advocate for 6 years and is looking forward to increasing awareness about the hundreds of children CASA serves each year. Info: (208) 667-9165 or visit northidahocasa.com.

NURTURING SKILLS FOR FAMILIES PARENTING CLASSES

This fall Community United Methodist Church is partnering up with ICARE, a program of St. Vincent de Paul, to offer two 6-week sessions of Nurturing Skills for Families Parenting Classes - Parenting is not a job, it's an ADVENTURE! The first session begins Sept. 14, and the second session begins Nov. 30, 5:00 – 7:30. Topics Include: Understanding Discipline, Growth & Development, Understanding Feelings, Rewards & Punishment, Keeping Kids Drug Free, Family Rules, and Child Safety. Call ICARE at 676-1515 to pre-register.

CHRISTIAN YOUTH THEATER NORTH IDAHO FALL CLASSES

Christian Youth Theater-North Idaho's (CYT-North Idaho's) fall session of classes begins Sep 15th and 17th. Classes will meet at the Coeur d'Alene Assembly Church, at 2200 N. 7th Street, Coeur d' Alene, ID 83814 every Tuesday from 4:15 - 6:15 p.m. or every Thursday from 4:15 - 6:15 p.m. for ten weeks. CYT-North Idaho welcomes children ages 6-18 years to participate in classes. Info: 208-762-9373, office@cytnorthidaho.org



Coeur d'Alene Man an American Ninja Warrior

COMPETES FOR SHRINERS HOSPITALS FOR CHILDREN

Heroes come in all forms, some are even warriors. That is the case of a man from Coeur d' Alene, Idaho, a true warrior for kids. Chris Moore is competing on American Ninja Warrior, (as of this publication, he had made it to the finals in Las Vegas) an NBC show where competitors jump, climb, hang and swing in highly difficult obstacle courses, vying for a grand prize of \$1 million.

Chris is not competing for the glory or the money. If he should win the million dollars, he has pledged to donate his entire winnings to Shriners Hospitals for Children. Chris is a licensed and certified prosthetist/orthotist at Adapt Prosthetics and Orthotics in Coeur d'Alene. He has a heart for kids and believes in the mission of Shriners Hospitals for Children; that children receive expert care and services regardless of their ability to pay.

"I have always felt that everybody can do something to give back", Chris said. "Shriners Hospitals for Children is one of those beacons of light for children and I thought maybe I could be that somebody for Shriners Hospital by winning the prize for the kids."

Chris competed against hundreds of competitors across the country, successfully navigating through three increasingly difficult courses to make it to the finals. It takes years of training and dedication to be able to compete at such a level. "It is essentially a giant playground with a timer; you need some luck and a fair amount of adrenaline. I trained a lot, but we don't know what obstacles we will get, the first time you line up is the first time you run it," he recounts.

If he wins, Chris will donate the \$1 million. However, win or lose, the kids still win. Chris has set up a fundraising page to benefit Shriners Hospitals -- which is nearly



\$12,000! Along the way, others have joined his journey. Shriners Hospital patients and staff have cheered alongside Chris's supporters at "viewing parties" at Nate's New York Pizza in Post Falls where owner Glen Gatherer has donated 20% of the night's proceeds back to Shriners Hospitals for Children.

"We are extremely grateful for Chris's passion for our mission," said Peter Brewer, Shriners Hospitals for Children – Spokane Hospital Administrator. "We continue to care for the orthopaedic needs of the kids in our region thanks to the generosity of people like Chris. He is truly a warrior for our hospital, good luck Chris!"



Shriners Hospitals for Children
www.americanninja4kids.com

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Take a stroll down memory lane

Fun for newcomers and old timers as well, Facebook groups "Old School Coeur d'Alene" and "Old School North Idaho" have photos and comments that engage all in sharing the rich history of the area.



Fun photos and comments from locals give a unique insight to the community, such as:



GUESS WHERE THIS WAS? AND FIND OUT WHAT HAPPENED TO IT.

Last issue photo: The Fish Inn Tavern

Engaging the Community In Vision Achievement

CDA 2030 is a comprehensive effort to describe and achieve agreed upon, long term goals for greater Coeur d'Alene. In its initial year, nearly 3,000 citizens participated in creation of the Vision and an Implementation Plan with detailed strategies and specific actions that will help make our community Vision a reality.

The Vision and Implementation Plan covers six focus areas with broad community appeal.

CDA 2030 is a community-run organization that works with approximately 200 lead and supporting partners to facilitate achievement of the 178 community actions identified in the Implementation Plan. The plan will be revisited regularly by CDA 2030 to make relevant updates.

CDA 2030 is active in providing ongoing opportunities for citizens to affect the future we want to see for our community. For example, CDA 2030 partnered closely with the city to begin to develop a master plan for the East Sherman neighborhood. This is one of the CDA 2030 'spotlight actions' that stimulated moving forward with a community discussion for revitalization of the area. The ongoing role for CDA 2030 in this process is to actively obtain and organize input and suggestions from citizens and businesses, especially from East Sherman stakeholders.

At the second annual celebration event this summer, CDA 2030 awarded two micro grants to local groups working to improve the health, vitality, and vibrancy of the region. The funding for these grants came from a national community development program that awarded \$5000 to CDA 2030 to promote our health community. Facilitating identification of funding sources and actively engaging with our partners will continue to motivate CDA 2030 activities and enable achievement of the long-range vision of our community.




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CDA 2030
CDA2030.org
www.facebook.com/CDA2030

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Bill Burch & Terence Moran

Cardboard Box City – October 9-10

Would you sleep in a cardboard box for one night to help those who sleep in boxes many nights?

Family Promise of North Idaho (FPNI) will host its 7th Annual Cardboard Box City at the Community United Methodist Church 1470 W. Hanley in Coeur d'Alene. The event begins at 4:00p.m with registration and cardboard box construction. At 5:30 food will be served soup-kitchen style, with music and prizes later in the evening. The event ends at 7:00a.m. October 10 with clean-up and a continental breakfast.

The Cardboard Box City is a fundraiser for FPNI but, organizers have said, "is also a way to spread awareness and sensitivity concerning the homeless in our community." Executive Director Cindy Wood states that "There were 429 homeless people in Region 1 at the last point in time count. To me that is unacceptable in a community like ours. We would like to raise \$20,000.00 for our mission of helping homeless families with children obtain sustainable housing."

Community participants collect pledges and sponsor, and then a large cardboard box to create a "house" to spend the night in. Participants can be: youth groups with chaperones; families; and individuals. Prizes will also be awarded in different categories. Registration packets can be downloaded at www.familypromiseni.org.



Family Promise of North Idaho
Ali at 208-660-2732
Alison@globalmediagroup.us



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25 Fun Things to do with Kids

tear out and save

- 1.** Take a walk around Tubbs Hill or the City Park and collect leaves, and then have a “Fall Craft Day. Make a leaf mobile with leaves and sticks, a homemade fall wreath, a leaf collage, place leaves inside contact paper to make a placemat., or make leaf rubbings.



- 2.**  Take the kids to see the CDA Vikings, Lake City Timberwolves or Post Falls Trojans football game and go to a Homecoming parade.

- 3.** Visit Jump for Joy on Dalton Avenue in Coeur d’Alene to bounce away on one of their giant inflatables.

- 4.** Make dancing raisins. Fill a pint jar with water and add 5 tbs. of vinegar. Drop in 15 raisins. Sprinkle 3 tbs. of baking soda into the jar without stirring. The raisins will “dance” for about an hour.

- 5.** Visit the Museum of North Idaho to learn about where you live.

- 6.**  Donate your outgrown winter coat, still in good shape, to a local Coats for Kids Drive.

- 7.** Visit a pumpkin patch at Prairie Home Farm in Coeur d’Alene/Dalton.

- 8.** Bundle up and watch the stars. Pick out constellations if you can.



- 9.** Plan ahead and make homemade Christmas Gifts for your friends and family. Cookies, duct tape wallets, or coupon books with different favors (like a back rub!) make great gifts that have a personal touch.

- 10.** Volunteer! Find local volunteer opportunities through the Kootenai United Way’s website at KootenaiUnitedWay.org

- 11.** Have your kids plan a meal, including the shopping list. Go simple (Grilled cheese sandwich with a bowl of tomato soup) or plan a more complicated recipe together.

- 12.** Have a family board game night.

- 13.**  You are awesome! Write a letter to your best friend (or your mom, or cousin, or whoever!) to tell them how awesome they are.

- 14.** Make a list of everything you are thankful for. See if you can get to 100!

- 15.** Declare an “electronics-free” day and go for a scenic drive. Check out this link for ideas: fynorthidaho.com/pdfs/map-north-idaho-driving-tours.pdf.



- 16.** Learn to ice skate. www.frontiericearena.com

- 17.** Create a fort in your living room out of blankets, pillows, or cardboard boxes.



- 18.** Go “glow bowling” at Sunset Bowling Lanes. www.sunsetlanescda.com

- 19.** Build paper airplanes and have a contest to see whose airplane can fly the farthest.

- 20.** Learn to say “I love you” in five new languages.

- 21.**  Donate canned food, cash, or a turkey to Community Action Partnership. 4144 Industrial Loop, Coeur d’Alene, ID 83815. (208) 664-8757.

- 22.** Go climb the rock wall at the Kroc Center.

- 23.** Take a walk around the Boardwalk and look at the Christmas Lights, or take a Cruise to the North Pole at the CDA Resort.

- 24.** Make snow angels (or snow people) and then decorate them. Grab an old spray bottle and fill it with cold water. Mix in your favorite colors of food coloring. Spray the snow angel and add decorations.

- 25.** Learn how to juggle! Visit Monday Night Juggling at Sorensen Magnet School. All equipment and lessons are provided. \$1 donation requested.



Fall Fundraisers, Festivals, & Fun

September 11 **Boys & Girls Club Annual Gala Fundraiser**
THE COEUR D'ALENE RESORT
www.northidahobgc.org or 208-457-9089

September 12 **TeshFEST 2015**
COEUR D'ALENE RESORT
Dinner, Drinks, Game Night Fun. Featuring KHQ's Kalae Chock as emcee. www.teshinc.com

September 12 **North Idaho Day of Hope**
KOOTENAI COUNTY FAIRGROUNDS
facebook.com/northidahodayofhope

September 13 **We'll Take You There**
HAYDEN LAKE COUNTRY CLUB, HAYDEN LAKE
North Idaho AIDS Coalition Fundraiser. Hors d'oeuvres, music, live and silent auctions. www.northidahoaidcoalition.org

September 18 **North Idaho Non-Profit Retreat**
SANDPOINT, ID
uidaho.edu/cda/noprofitretreat

September 20 **Coeur d'Alene Race for the Cure**
NORTH IDAHO COLLEGE
Register at www.komenidaho.org. Join us in the fight against breast cancer!

September 24 **United Way of Kootenai County's 8th Annual Day of Caring**
Business leaders and community members roll up their sleeves and grab their tools to spend the day giving back to our community. 208-667-8112 or kootenaiunitedway.org/community-day-caring

September 25–September 26 **Coeur d'Alene Oktoberfest**
Live entertainment, German food, activities for the entire family and harvest brews! Tickets at the Resort Plaza Shops.

September 26 **Drool Stampede Dog Walk**
RIVERSTONE PARK/CENTENNIAL TRAIL, CDA
www.Kootenaihumansociety.com

September 26 **Step UP for Down Syndrome Walk**
MIRABEAU POINT PARK, SPOKANE, WA
Promotes awareness and inclusion for people with Down Syndrome. Raises funds for local and national education, research and advocacy programs. www.DsConnectionsNw.org

September 26 **Coeur d'Fondo**
2ND & SHERMAN AVE, COEUR D'ALENE
Cycling event along or around Coeur d'Alene Lake. Proceeds support the North Idaho Centennial Trail. www.nictf.org

September 27 **Walk to End Alzheimer's**
MCEUEN PARK, COEUR D'ALENE
Raises awareness and funds for Alzheimer's care, support and research. www.act.alz.org/NorthIdaho

September 27 **Duck Waddle 5k Fun Run**
RIVERFRONT PARK, SPOKANE
Supports the Spokane Shriners Hospital. Ends in time to witness the impressive duck drop, the start to the famous El Katif Duck Race down the Spokane River.

October 1 **CASA Un-Corked Benefit**
HAGADONE EVENT CENTER
www.northidahocasa.com

October 3 **Boots & Pearls: A Lutherhaven Hootenanny with a Purpose.**
CAMP LUTHERHAVEN
An evening of fun and generosity supporting the Lutherhaven Fund, making camp available to ALL children regardless of ability to pay.

October 3 **Disco Inferno - Coeur d'Alene Education Partnership**
EAGLES LODGE, 209 E SHERMAN AVE, CDA
A benefit for Coeur d'Alene public schools libraries. There will be music, food, prizes, and dancing.

October 4 **Run for the Angels 5K and Family Fun Event**
RIVERSTONE PARK, CDA
Proceeds benefit the Safe Infant Sleep Education Outreach and Grief Support efforts of Idaho's Inland Northwest SIDS Foundation. www.inwsids.org

October 9 **Cardboard Box City to Benefit Family Promise of North Idaho**
FERNAN ELEMENTARY SCHOOL, CDA
Sponsored participants build and sleep in a cardboard box shelter overnight, raising awareness of homelessness. Proceeds benefit Family Promise of North Idaho. www.familypromiseni.org

October 16 **Maison de Couture - 'Fashion House' benefit for St. Vincent de Paul**
COEUR D'ALENE RESORT
www.stvincentdepaulcda.org

October 24 **Doll and Teddy Bear Tea and Auction**
BLANCHARD COMMUNITY CENTER
Finger-food lunch and auction of doll and teddy bear related items. Proceeds support the Community Center. www.blanchardidaho.net

October 24 **3Cs (Cancer & Community Charities) Annual Fall Fest**
BEST WESTERN CDA INN
Live and silent auction and entertainment. www.ccc-northidaho.org



Fall Fundraisers, Festivals, & Fun

October 31 **Heart of the City Church Festival**
5:30 p.m.
KOOTENAI FAIRGROUNDS
Free to the public. Food, crafts, candy & costumes. Past events have included a mechanical bull, inflatables, chili cook-off, pie-eating contests, music & more. See "At-a-Glance" for more information.

November 14 **4th Annual St. Vincent de Paul's Veterans 5k/10k Run/walk.**
O'SHAY'S IRISH PUB, CDA LAKE DRIVE, CDA
www.stvincentdepaulcda.org

November 14 **Wishing Star 4th Annual Spokane Dinner Banquet**
MIRABEAU PARK HOTEL, SPOKANE VALLEY, WA
Silent and live auction, full bar, wish kid testimonials and lots of fun. 509-744-3411

November 19 **St. Vincent de Paul 6th Annual "Souport" the End of Homelessness**
11:30 A.M. KOOTENAI COUNTY FAIRGROUNDS
Benefits St. Vincent de Paul Coeur d'Alene
www.stvincentdepaulcda.org

November 27 **Christmas Parade & Lighting Ceremony**
5:00 p.m.
DOWNTOWN CDA
Lighted Christmas Parade, carols, and fireworks followed by the lighting of over 1.5 million lights to kick off the holiday season.

**November 27–
November 30** **Kootenai Health Foundation's Festival of Trees**
COEUR D'ALENE RESORT
Friday d'Lights, Senior Social, Festival Gala, Family Day, Children's Workshop, Luncheon Fashion Show, Dinner Fashion Show. Proceeds help fund projects and activities benefitting Kootenai Health and its patients.
www.thefestivaloftrees.com

**December 23–
December 24** **Santa's Schweitzer Visit • 6:00 p.m.**
SCHWEITZER MOUNTAIN
Santa's Traditional Schweitzer Visit. Santa hits the slopes and then stops off at the Selkirk Lodge on Christmas Eve. Schweitzer.com. 208-255-3081

Harvest & Holiday Fun

Scarywood Haunted Nights

October 2 – 30

Silverwood Theme Park transforms into an eerie, fun-filled land of frightful creatures for the season. Open on select dates through October.

Prairie Home Farm

Wed & Sat in October

7790 N. ATLAS RD, CDA
(CORNER OF PRAIRIE & ATLAS)

Pumpkin Patch - pick in the field or for sale at farmstand, picnic area, farm animals, birthday parties, school tours. 208-762-3289 or www.prairiehomefarm.com

Holiday Light Show *Cruise to the North Pole*

November 26 - January 1

Departures are scheduled several times each evening beginning Saturday, November 30th and continue through January 1st. These 40 minute cruises offer spectacular views of the holiday light displays. The most memorable point in the journey lies across the lake, as Santa awaits your arrival at the North Pole Toy Workshop! Nightly cruise departure times: 5:30, 6:30 and 7:30 pm. For more information, call 208-765-4000

Traditions of Christmas

December 10-23, 2015

THE SALVATION ARMY RAY & JOAN KROC CENTER

Traditions of Christmas is a musical journey of all the greatest Christmas songs and traditions from around the world. Santa's Workshop comes alive with dancing elves, gingerbread dolls, toy soldiers and magical toys.
www.traditionsofchristmasnw.com

Visit www.nifamily.com for a complete list of charitable events.



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North Idaho Charitable Events Calendar

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Visit www.fyinnorthidaho.com for a complete list of community events.



A Conversation with Retired & Senior Volunteer Catherine Owen

In the pioneering spirit that Idahoans are known for; one Shoshone County resident shines like a beacon of light, and hope for lonely and isolated seniors. At the youthful age of 101, Catherine Owen is committed to visiting residents of the Good Samaritan Center in Silverton, on a regular basis. Conversing, reading, singing, or playing the piano; Catherine motivates seniors to exercise their bodies and their minds. She concurs with studies showing the benefits of volunteering, adding that “her biggest joy in life is helping others”.



Catherine has vivid memories of American History, including all Presidents since Woodrow Wilson; and the agony of war, including World I, World War II, Korean War, and the Vietnam War. Living during the Great Depression has helped to shape Catherine’s deep appreciation for life’s simple things; and she believes that today’s generation could benefit greatly by having to endure such harsh economic times.

In March, Catherine celebrated her 101st birthday, and was recognized for contributing many hours of volunteer service to her community. She is a woman of great faith, who serves as a role model for volunteers of all ages. She possesses a caring and compassionate attitude, and the intense desire to help those in need. Catherine has become an “extended family member” to hundreds of lonely and isolated seniors; and an inspiration to us all. She is also known for baking the best homemade apple pies in north Idaho!



Area Agency on Aging
Bob Small
www.aaani.org

Pregnancy Support Center Providing Support for Local Area Families

The Pregnancy Support Center for Northern Idaho and Eastern Washington opened its doors in January 2014 in Post Falls and has had a great 18 months meeting the needs of a variety of new Moms and Dads.

The Center provides compassionate and confidential support to parents whose pregnancy is placing them in need of support in a variety of areas.

Seven trained and certified Pregnancy Mentors at the Center will provide support to pregnant women. Support is available in the following areas:

- Top-level mentoring throughout the women’s pregnancy. This includes medical referrals and other support issues.
- Support for maternity clothing and equipment such as cribs, strollers, etc.
- Financial support for various needs during the women’s pregnancy available through both the Center and the Mission of Charity.
- Adoption counseling if desired by the pregnant woman.
- Free Ultrasound/Sonogram exams can be arranged.
- Post-birth support as desired and needed.



St. George Mission of Charity Office
2004 N Lucas, Post Falls, ID | 208-449-8512
www.pregnancysupportcenter.org



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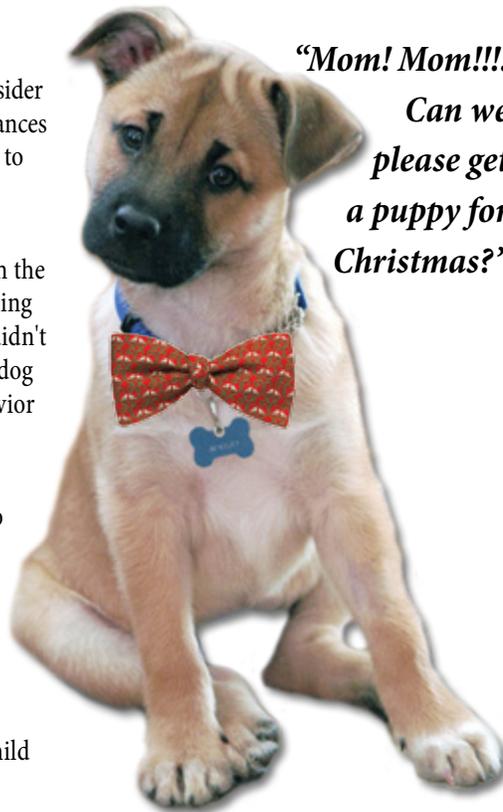
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700 W. Ironwood Dr, Coeur d'Alene – 667-0585
1300 E. Mullan Ave, Post Falls – 777-1330
9095 N. Hess St, Hayden – 772-8940



Christmas Puppy?

Around the holidays, parents can feel pressure to deliver that extra special, living, breathing puppy on Christmas morning. As a parent, if you're sure they're not quite ready, here are some tips to help prepare or maybe just stall for a little while longer.

1. Contact the Kootenai Humane Society about being a dog walker. Some age requirements apply, but the responsibility and experience is valuable.
2. While there, ask about the "Adopt a Cage" program. Your family can sponsor a cage for an annual fee. Your name or a message will be engraved on a plaque for the cage. You can bring your family to visit "all" of the dogs that they've helped throughout the year.
3. Consider getting a Furbee®. It's an interactive, intensive pretend critter that can convey the level of responsibility needed for owning a pet. Be sure you determine whose pet it is and make them accountable to get the most out of the experiment.
4. Pet sit for a friend. The short term responsibility is a great learning experience.
5. Sadly, about 25 percent of puppies purchased as Christmas gifts end up in animal shelters within 14 months. Consider carefully the time of year and circumstances for adding a pet to the family. It's easier to potty train in the spring.
6. If you have older children and are committed to getting a dog, check with the local shelter in the spring if you're willing to take on a more mature puppy that didn't work out as Santa had planned. Local dog trainers can help with corrective behavior techniques to suit your specific pet's needs.
7. To reinforce that you are committed to moving ahead with a new pet, use a stuffed animal as an incentive. On Christmas morning, your child can open a stuffed toy with a message tied around it's neck that says "I can be redeemed for a REAL puppy on X (your decided date), providing your child has demonstrated the skills above."



*"Mom! Mom!!!!
Can we
please get
a puppy for
Christmas?"*



Hope Continues...

COMMUNITY AGENCIES COME TOGETHER FOR "MINI CONVOYS OF HOPE"

The Health GPS (Goals for Parents & Students) - Building Blocks Program is comprised of nonprofit organizations, government agencies, faith-based organizations, businesses, and school districts. Started in response to the Day of Hope, the intent of Health GPS is to provide continual support for children and families throughout the year in a neighborhood "Block Party" format.

The brain-child of Dr. Joe Abate, the Chief Medical Officer for Heritage Health, the goal is for community organizations to work together to bring the services to the neighborhoods of need. By going into the neighborhoods, the idea is that relationships can develop and behaviors will change.

"By partnering with neighborhood schools and churches, Health GPS promotes health, wellness, safety, and meeting basic needs," said James Curb, the Coeur d'Alene School District's homeless liaison and director of the CDA4Kids after school program. "Our hope is to provide foundational support to children and families most in need."

The North Idaho Family Group (NIFG) provides organizational structure and backbone support for the Health GPS - Building Blocks Program. "This is really what the North Idaho Family Group is all about," said Shelly Zollman, Director of the NIFG. "Our mission is to Promote Healthy Families and Lifelong Learning in the communities of North Idaho, which we have been doing for over 17 years. These smaller events that are similar to the Convoy of Hope are excellent vehicles to further this mission and strengthen our community at many levels."

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Fun Holiday Candy Recipes

Candy Corn Chocolate Bark

INGREDIENTS

- 1 (12-oz) bag chocolate chips
- Candy corn
- Mini marshmallow
- Pretzel sticks

DIRECTIONS

- Mist a rimmed baking sheet with cooking spray and line with parchment paper.
- Microwave chocolate chips in a microwave-safe bowl 2 minutes, then stir.
- Microwave in 30-second increments, stirring in between, until smooth, about 1 more minute.
- Pour onto parchment and spread into an 8-by-10-inch rectangle. Sprinkle with candy corn, mini marshmallows, and pretzel sticks.
- Refrigerate overnight, then snap into pieces.



Candy Corn Facts

- October 30 is National Candy Corn Day.
- One serving of candy corn contains about 140 calories.
- Vintage Goelitz packages of candy corn feature a rooster and the tag line, Something worth crowing for, which earned it the not so sweet nickname “Chicken Feed”.
- More than 35 million pounds of candy corn will be produced this year. That equates to nearly 9 billion pieces.
- People have strong feelings about how one should consume these uniquely triangular and tricolored treats. They're pretty evenly divided on starting with the white tip and working your way down or eating it all at once. Only 10% started with the yellow end.
- Candy corn is second only to chocolate when it comes to favorite Halloween candy.
- These little triangles were groundbreaking when they were first produced in the 1880s. Runners (men running with scalding hot buckets of liquid candy corn) had to pour each color separately into triangular molds.

Candy Cane Chocolate Bark

INGREDIENTS

- 1 cup white chocolate candy melts
- 1 cup dark chocolate candy melts
- 3 Tbsp. crushed candy canes
- wax paper

DIRECTIONS

- Line a cookie sheet with wax paper. Set aside.
- Place dark chocolate melts in a medium microwavable bowl. Microwave on medium power for 30 seconds. Stir mixture and continue to microwave for 30 second intervals until chocolate is completely melted.
- Pour dark chocolate onto prepared cookie sheet and spread over surface with a spatula. Place cookie sheet in the refrigerator to harden.
- In the meantime melt white chocolate melts using the same 30 second interval method. Pour the melted white chocolate over the hardened dark chocolate on the cookie sheet.
- Using a knife, draw lines through the chocolate layers to create a pattern. Sprinkle with crushed candy canes.
- Return cookie sheet to the refrigerator until the bark has hardened.
- Once completely cooled and hardened remove from the fridge and break apart into pieces.
- Store in a sealed container in a cool dark place so it does not melt.



Candy Cane Facts



- A candy cane turned upside down reveals the letter J, which many believe represents Jesus.
- National candy cane day is celebrated on December 26 in the United States.
- The first candy cane was made over 350 years ago.
- The first historical reference in America to the candy cane dates back to 1847. A German immigrant from Wooster, Ohio decorated his Christmas tree with candy canes.
- The red and white striped candy canes were first made around 1900.
- The traditional candy cane flavor is peppermint, however, it is also made in a variety of other flavors and colored stripes.
- Over 1.76 billion candy canes are made each year.
- The biggest candy cane ever made was 51 feet long.
- Nearly 2 billion candy canes will be sold in the four weeks before Christmas and Hanukkah.



Child/Youth - Services/Support

1st Judicial CASA Program • 816 E Sherman • Coeur d'Alene, ID • 667-9165 • www.northidahocasa.com
 American Childhood Cancer Organization Inland Northwest • PO Box 8031 Spokane, WA • 509-443-4162 • www.acco.org/inlandnw
 Anchor House • 1609 N. Government Way • Coeur d'Alene, ID • 667-3340 • www.youthranch.org
 Big Brothers/Big Sisters • 222 W. Mission Suite 40 • Spokane, WA • 509-328-8310 • www.nwbigs.org
 Boy Scouts of America • 178 Commerce Dr. • Hayden, ID • 772-2455 • www.scouting.org
 Boys and Girls Club • 200 W. Mullan Ave. • Post Falls, ID • 457-9089, 665-1919 • www.northidahobgc.org
 Camp Fire Inland Northwest • 524 N. Mullan • Spokane, WA • 509-747-6191 • www.campfireinc.org
 Excel Foundation • PO Box 2469 • Coeur d'Alene, ID • 699-6963 • www.excelcda.wordpress.com
 Girl Scouts of Eastern WA and North Idaho • 410 E. Sherman Ave., Ste 309 • Coeur d'Alene, ID • 509-747-8091 ext 243 • www.gsewni.org
 Idaho Youth Ranch • 2201 Government Way, Suite J • Coeur d'Alene, ID • 667-1898 • www.youthranch.org
 March of Dimes • 3222 W. Overland Rd. • Boise, ID • 800-336-5421 • www.marchofdimes.com
 Panhandle Alliance of Education • PO Box 1675 • Sandpoint, ID • 263-7040 • www.panhandlealliance.org
 PATH Idaho • 2101 Lakewood Dr., Ste 236 • Coeur d'Alene, ID • 473-2861 • www.pathidaho.org
 Wishing Star Foundation • 139 S. Sherman St. • Spokane, WA • 509-744-3411 • www.wishingstar.org

Civic/Volunteer

Arts & Cultural Alliance • 105 N. 1st • Coeur d'Alene, ID • 292-1629 • www.artsincda.org
 Cancer & Community Charities (3C's) • P.O. Box 1274 • Coeur d'Alene, ID • 667-1479 • www.ccc-northidaho.org
 Coeur d'Alene Firefighters Pipes & Drums • 300 Foster Ave. • Coeur d'Alene, ID • 769-2340 • www.cdaffpd.org
 Habitat for Humanity • 176 W. Wyoming Ave. • Hayden, ID • 762-4663 • www.northidahohabitat.org
 Human Rights Education Institute • 414 Mullan Ave • Coeur d'Alene, ID • 292-2359 • www.hrei.org
 Kootenai County Indicators • 668 N. Riverpoint Blvd. • Spokane, WA • 509-828-1211 • www.kootenaiindicators.org
 Kootenai Democrats • 408 Sherman Ave • Coeur d'Alene, ID • 763-3361 • www.kootenaidemocrats.org
 Kootenai Environmental Alliance • PO Box 1598 • Coeur d'Alene, ID • www.kealliance.org
 Panhandle Parks Foundation • 212 Ironwood Drive, Ste D PMB124 • Coeur d'Alene, ID • 651-6271 • panhandleparksfoundation.org
 Youth Volunteers in Action • 6101 Ramsey Ave. • Coeur d'Alene, ID • 769-0769

Crisis Intervention

Child Protective Services • 1120 Ironwood Drive • Coeur d'Alene, ID • 769-1515, after hours 208-769-1543 • www.healthandwelfare.idaho.gov
 Child Protective Services • 207 Larkspur Street • Ponderay, ID • 265-4523, after hours 208-265-4523
 Children's Village Foundation • 1350 W. Hanley Ave. • Coeur d'Alene, ID • 667-1189 • www.thechildrensvillage.org
 ICARE • 201 E. Harrison Ave • Coeur d'Alene, ID • 676-1515 • www.icareforchildren.org
 Kinderhaven, Inc • PO Box 2097 • Sandpoint, ID • 265-2236 • www.kinderhavensandpoint.com
 National Center for Missing and Exploited Children • 800-843-5678
 North Idaho Violence Prevention Center • 850 N. 4th St. • Coeur d'Alene, ID • 664-9303 • www.nivpc.org
 Shoshone Crisis Line • 140 Railroad Ave. • Kellogg • ID • 208-784-1351, 208-769-1405
 Victim Services Unit • 1717 E. Polston Ave. • Post Falls, ID • 773-1080 • www.postfallspolice.com

Education - Adult

North Idaho College • 1000 W. Garden Ave. • Coeur d'Alene, ID • 769-3315 • www.nic.edu
 North Idaho Higher Education • www.northidahohighereducation.org
 North Idaho College Workforce Training Center • 525 W. Clearwater Loop, Post Falls • ID • 769-3222 • www.workforcetraining.nic.edu
 University of Idaho • 1031 N. Academic Way, Suite 242 • Coeur d'Alene, ID • 667-2588 • www.uidaho.edu

Education - Child

Christian Center School • 3639 W. Prairie Ave. • Hayden, ID • 772-7451 • www.ccs-id.net
 Circle of Care/Developing Minds • 3755 East Covington • Post Falls, ID • 777-600 • www.FSSOFNI.com
 Coeur d'Alene Charter Academy • 4904 N. Duncan Dr. • Coeur d'Alene, ID • www.cdacharter.org
 Coeur d'Alene School Dist. 271 • 1400 N. Northwood Center Ct. • Coeur d'Alene, ID • www.cdaschools.org
 Education-Plus, Inc • 6389 Tall Pines Rd • Coeur d'Alene, ID • www.educationplushealth.com
 Holy Family Catholic School • 3005 W. Kathleen Ave. • Coeur d'Alene, ID • 208-765-4327 • www.hfcs-cda.org
 Idaho Distance Education Academy • 761 N. Thornton St., Ste E • Post Falls, ID • 661-5099 • www.idahoidea.org
 Idaho School for the Hearing Impaired • 2101 Lakewood Dr, Ste 224 • Coeur d'Alene, ID • 661-9120 • www.isdb.idaho.gov
 Idaho School for the Vision Impaired • 2101 Lakewood Dr, Ste 224 • Coeur d'Alene, ID • 661-9122 • www.isdb.idaho.gov
 Immaculate Conception Church & Academy • 495 N. Lincoln Street • Post Falls, ID • 208-773-7442 • www.ssp.org
 Iris' House Pre-School & Childcare • 410 N 20th St • Coeur d'Alene • 208-667-3785
 KTEC-Kootenai Technical Education Campus • 6838 W. Lancaster Rd. • Rathdrum, ID • 208-712-4733 • www.ktctraining.org
 Lake City Jr Academy • 111 E Locust Ave • Coeur d'Alene, ID • 667-0877
 LAM Christian Academy • 4800 N. Ramsey Road • Coeur d'Alene, ID • 208.765.8238 • www.lamcda.org
 Learning Life • PO Box 3582 • Coeur d'Alene, ID • 964-6399 • www.learninglifeco.org
 Mountain States Early Head Start • 411 N. 15th St, Ste 200 • Coeur d'Alene, ID • 765-6955 • www.msehs.org
 North Idaho Association for the Education of Young People • PO Box 262 • Coeur d'Alene, ID • 415-5145 • www.idahoaeyc.org
 North Idaho College Head Start • 411 N. 15th St, Ste 103 • Coeur d'Alene, ID • 765-6755 • www.nicheadstart.org
 North Idaho STEM Charter Academy • PO Box 434, 15633 N. Meyer Rd., Rathdrum, ID • 208-687-8002 • www.northidahostemcharteracademy.org

Education - Parent

Parent Project-Kootenai County Diversion Program • 451 Government Way • Coeur d'Alene, ID • 446-1970 • www.parentproject.com

Family Services

Family Promise of North Idaho • 501 E. Wallace Ave. • Coeur d'Alene, ID • 777-4190 • www.familypromiseni.org

Government

2-1-1 Idaho CareLine • PO Box 83720 • Boise, ID • 800-926-2588 • www.idahocareline.org
 Coeur d'Alene Parks Department • 710 E. Mullan Ave. • Coeur d'Alene, ID • 769-2252 • www.cdaidparks.org
 Department of Health and Welfare • 1120 Ironwood Drive • Coeur d'Alene • ID • 2-1-1
 Idaho Child Welfare Research & Training Center • 2005 Ironwood Parkway, Suite 200 • Coeur d'Alene, ID • 800-745-1186 • www.icwrtrc.org
 Kootenai County Fairgrounds • 4056 N. Government Way • Coeur d'Alene, ID • 765-4969 • www.northidahofair.com
 Luke Malek • Idaho State Representative • 208-661-3881 • www.lukemalek.com
 Panhandle Area Council • 11100 Airport Drive • Hayden, ID • 772-0584 • www.pacni.org

Healthcare

Heritage Health (formerly Dirne) • 1090 Park Place • Coeur d'Alene, ID • 292-0292 • www.myheritagehealth.org
 Kootenai Health • 2003 Kootenai Health Way • Coeur d'Alene, ID • CdA 667-3742, PF 619-4100, SP 263-6763 • www.kootenaihealth.org
 Panhandle Health District • 8500 N. Atlas Rd. • Hayden, ID • 451-5100 • www.panhandlehealthdistrict.org

Healthcare - Dental

Coeur d'Alene Dental Center • 1322 Kathleen Ave • Coeur d'Alene, ID • 667-7461 • www.cdadentist.com

Healthcare - Mental

ACES Community Services • 1700 Schneidmiller St • Post Falls, ID • 619-0190 • www.aces-id.com
 ACES Community Services • 1417 N. 4th St. • Coeur d'Alene, ID • 292-2188 • www.aces-id.com
 Northwest Behavioral Health • 1612 N. 3rd St. • Coeur d'Alene, ID • 765-4509

Healthcare - Physical

After Hours Urgent Care • 1300 E. Mullan Ave. • Post Falls, ID • 777-1157 • www.nifp.com
 Bonner Partners in Care Clinic • 1020 Michigan St. • Sandpoint, ID • 255-9099 • www.bonnerpartnersincareclinic.org
 Heritage Health • 1090 N. Park Place Coeur d'Alene, ID • 620.5250 • www.myheritagehealth.org
 Hospice of North Idaho • 9493 N Government Way • Coeur d'Alene, ID • 691-6996 • www.honi.org
 Kootenai Urgent Care • 700 Ironwood Dr., Ste 170E • Coeur d'Alene, ID • 667-9110 • www.kootenaiurgentcare.com
 Medicine Man Pharmacy • 802 Medical Ct. • Post Falls, ID • PF 773-3567, Hayden 762-9355, CdA 666-2502 • www.medmanpharmacy.com
 North Idaho Health Network • 1250 W. Ironwood, Ste 201 • Coeur d'Alene, ID • 666-3212 • www.nihn.net
 Rathdrum Clinic • 14775 Kimo Ct. • Rathdrum, ID • 687-5627 • www.rathdrumclinic.com
 Shoshone Community Health Clinic • 114 W. Riverside Ave. • Kellogg, ID • 752-4145
 Shriners' Hospital for Children • 911 W. 5th Ave. • Spokane, WA • 509-455-7844 • www.shrinershospitalsforchildren.org/spokane
 Spoelstra Family Chiropractic • 370 E. Kathleen Ave, Ste 600 • Coeur d'Alene • ID • 667-7434 • www.cdahealth.com

Misc.

Community Library Network • Athol, Harrison, Hayden, Pinehurst, Post Falls, Rathdrum, Spirit Lake • www.communitylibrary.net
 Grocery Girl - Grocery Shopping & Delivery Service • 755-7339 • grocerygirlcda@gmail.com
 Jacklin Arts & Cultural Center • 405 William St. • Post Falls, ID • 457-8950 • www.thejacklincenter.org
 Jump for Joy • 250 West Dalton Ave Coeur d'Alene, ID • 208-664-5200 • www.jumpforjoycda.com
 The Culinary Stone • 2129 N Main St • Coeur d'Alene, ID • 277-4116
 The Salvation Army Ray & Joan Kroc Community Center • 1765 W. Golf Course Rd. • Coeur d'Alene, ID • www.kroccda.org
 We've Got Stuff • P.O. Box 1421, Hayden, ID • 208-446-4382 • wevgotstuffidwa@gmail.com
 WITH Performance • 1950 Bellevue Ln, Ste 106-A • Coeur d'Alene, ID • 660-9378

Pet & Animal Services

AJ's Tails and Trails • Coeur d'Alene • www.facebook.com/ajstailsandtrails
 Birds of Prey Northwest • Po. Box 3507 • Coeur d'Alene • 245-1367 • www.birdsofpreynorthwest.org
 Coeur d'Alene Animal Control • 5500 N. Government Way • Coeur d'Alene, ID • 446-1300 • www.kcsheriff.com/animalcontrol.html
 Coeur d'Alene Pet Resort • 125 E Hazel Ave • Coeur d'Alene, ID • 667-4606 • www.cdapetresort.com
 Help Every Little Paw • 1533 Northwest Blvd. • Coeur d'Alene, ID • 659-6408 • www.helpeverylittlepaw.org
 K2 Equestrian Center • 5723 E. Dodd Road • Hayden, ID • 762-9891 • www.k2equestriancenter.com
 Kootenai Humane Society • PO Box 1005 • Hayden, ID • 772-4019 • www.kootenaihumanesociety.com
 Shoshone Pet Rescue • PO Box 884 • Kellogg, ID • 512-3401 • www.shoshone-pet-rescue.org

Religious/Fraternal

Christian Community Coalition • P.O. Box 2714 • Coeur d'Alene, ID • 966-4078 • kootenaiccc.com
 Christian Youth Theater (CYT) North Idaho • PO Box 3250 • Coeur d'Alene, ID • 765-8600 • www.cytnorthidaho.org
 Giving Grace International • 1986 W. Hayden Ave. • Hayden, ID • 509-280-7691 • www.gracegivinginternational.org
 Heart of the City Church • 521 W. Emma Ave. • Coeur d'Alene, ID • 665-7808 • www.heartofthecitychurch.org
 Idaho Panhandle Kiwanis • 913 Pennsylvania Ave • Coeur d'Alene, ID • 651-3131 • www.panhandlekiwanis.org
 Immaculate Conception Church & Academy • 495 N. Lincoln Street • Post Falls, ID • 208-773-7442 • www.sspix.org
 Lutherhaven Camp/Ministries • 3258 W. Lutherhaven Rd. • Coeur d'Alene, ID • 667-3459 • www.lutherhaven.com
 Prairie Avenue Christian Center • 3639 W. Prairie Ave. • Hayden, ID • 772-7541 • www.pacc-id.net
 Real Life Ministries • 1866 Cecil Rd. • Post Falls, ID • 446-2420, 777-7325 • www.reallifeministries.com
 St. Pius Catholic Church • 625 E. Haycraft • Coeur d'Alene, ID • 765-5108 • www.stpiuscda.org
 Unity Church of North Idaho • 4465 N. 15th St. • Coeur d'Alene, ID • 664-1125 • www.unitycenter.org

Senior Services

Alzheimer's Association • 1042 W. Mill Ave., Ste 205 • Coeur d'Alene, ID • 666-2996 • www.alz.org
 Area on Aging Of North Idaho • 2120 Lakewood Dr., Ste B • Coeur d'Alene, ID • 667-3179 x 221 • www.aaani.org
 Coeur d'Alene Homes • 624 W. Harrison Ave. • Coeur d'Alene, ID • 664-8119 • www.cdaseniorliving.org
 Comfort Keepers • 820 E Best Ave • Coeur d'Alene, ID • 765-9511 • www.comfortkeepers/office-125

Hayden Senior Gems • 9428 N. Government Way • Hayden, ID • 762-7052 • www.haydengems.org
 Jewett House • 1501 E. Lakeshore Dr. • Coeur d'Alene, ID • 667-5194 • www.cdaid.org
 Kellogg Senior Center • 211 McKinley Ave. • Kellogg, ID • 783-4581
 Lake City Center • 1916 Lakewood Dr. • Coeur d'Alene, ID • 667-4628 • www.lakecitycenter.org
 Kootenai Health Senior Care Program - 2003 Kootenai Health Way - Coeur d'Alene, ID - 625-5353 - khadult@kh.org
 North Idaho Home Health • 2028 East Best Ave • Coeur d'Alene, ID • 667-7494 • www.nihomehealth.com
 On Site For Seniors • 1052 W. Mill Ave. • Coeur d'Alene, ID • 664-3301 • www.onsite4seniors.org
 Sandpoint Senior Center • 820 Main St. • Sandpoint, ID • 263-6860 • www.sandpointseniorcenter.org
 Wallace Senior Center • 621 Cedar • Wallace • ID • 208-752-5411

Social Services

ABC Food Bank • 30355 3rd St. • Coeur d'Alene, ID • 683-3244
 Angels Over Sandpoint • PO Box 2369 • Sandpoint, ID • 290-5895 • www.angelsoversandpoint.org
 Calvary Rathdrum Food Bank • 8027 W. Main St. • Rathdrum, ID • 687-3696
 CAP Community Action Partnership Food Bank • 4144 Industrial Ave., Ste E • Coeur d'Alene, ID • 664-8757 • www.cap4action.org
 Catholic Charities of North Idaho • 406 N. 10th St. • Coeur d'Alene, ID • 676-1974 • www.ccidaho.org
 Christmas For All • 201 2nd St. • Coeur d'Alene, ID • www.cdapress.com
 Goodwill Industries • 1212 N. 4th St. • Coeur d'Alene, ID • 664-2552 • www.discovergoodwill.org
 Habitat for Humanity of North Idaho • 176 W. Wyoming Ave. • Hayden, ID • 762-4663 • www.northidahohabitat.org
 Highroad Human Services • 9705 Meadowlark Lane • Coeur d'Alene, ID • 772-3116 • www.highroadhumanservices.com
 Idaho Housing and Finance • 610 W. Hubbard, Ste 219 • Coeur d'Alene, ID • 667-3380 • www.idahohousing.com
 Idaho Youth Ranch Thrift Store • 811 N. 4th St. • Coeur d'Alene, ID • 664-1736
 Lake City Community Church Food Bank • 1707 N. 4th St. • Coeur d'Alene, ID • 676-0632 • www.lakecitycc.org
 Love Pantry • 1700 Pennsylvania Ave. • Coeur d'Alene, ID • 664-9231
 Meals on Wheels • 1916 Lakewood Dr. • Coeur d'Alene, ID • 667-4628
 Money Management International • 2005 Ironwood Pkwy • Coeur d'Alene, ID • www.moneymanagement.org
 Poison Control Center • ID • 800-860-0620 • www.healthandwelfare.idaho.gov
 Post Falls Food Bank • 415 E. 3rd Ave. • Post Falls, ID • 773-0139 • www.postfallsfoodbank.org
 Shepherd's Table • 212 W. Ironwood Dr., Ste D • Coeur d'Alene, ID • 964-4144 • www.shepherdstableinc.org
 Shoshone County Indigent Services • 700 Bank St. • Kellogg, ID • 752-8601 • www.shoshonecounty.org
 Shoshone Veterans Service • 700 Bank St. • Kellogg, ID • 752-8601 • www.shoshonecounty.org
 Spirit Lake Food Bank • 31245 N. 4th St. • Spirit Lake, ID • 623-3107
 St Vincent de Paul • 201 E. Harrison Ave. • Coeur d'Alene, ID • 664-3095 • www.stvincentdepaulcda.org
 United Way of Kootenai County • 501 E. Lakeside Ave., Ste. 3 • Coeur d'Alene, ID • 667-8112 • www.kootenaiunitedway.org

Special Needs

Disability Action Center • 7560 N. Government Way, #1 • Dalton Gardens, ID • 664-9896 • www.dacnw.org
 DS (Down Syndrome) Connections • 3838 W. Prairie Ave. • Hayden, ID • 755-5079 • www.dsconnections.org
 Imagine Behavioral and Developmental Services • 7905 Meadowlark Way, Ste C • Coeur d'Alene, ID • 762-1250 • www.imaginebehavior.com
 Panhandle Special Needs • 1424 Boyer Ave. • Sandpoint, ID • 263-7022 • www.panhandlespecialneeds.com
 Special Olympics of Idaho • 199 E. 52nd • Garden City • ID • 800-915-6510 • www.idso.org
 Specialized Needs Recreation • 3700 N. Government Way, Suite J • Coeur d'Alene, ID • 755-6781 • www.snridaho.org
 TESH, Inc, Bonner County • 804 Airport Way, Ste D • Sandpoint, ID • 263-7755 • www.teshinc.com
 TESH, Inc, CDA • 3808 S. Industrial Ave. • Coeur d'Alene, ID • 765-5105 • www.teshinc.com
 Trinity Group Homes, Inc • PO Box 1861 • Coeur d'Alene, ID • 667-9607 • www.trinitygrouphomes.net

Substance Abuse-Recovery/Prevention

Al-Anon • Coeur d'Alene, ID • 676-0549 • www.al-anon-idaho.org
 Alcoholics Anonymous • 118 N. 7th St., Ste B5 • Coeur d'Alene, ID • 667-4633 • www.aa.org
 Idaho Drug Free Youth • 610 W. Hubbard, Ste 123 • Coeur d'Alene, ID • 664-4339 • www.idahodrugfreeyouth.org
 Idaho Meth Project • PO Box 738 • Boise, ID • 1-888-331-2060 • www.idaho.methproject.org
 STAR Ministries • 474 Cherry Lane • Coeur d'Alene, ID • 634-6475 • www.savingteensatrisk.com

Support Networks/Groups

ABCC: Autism & Behavioral Counseling & Consulting - 2180 Ironwood Center Dr - Coeur d'Alene, ID - 406-539-7274
 AMEND Center • 520 Government Way • Coeur d'Alene, ID • 665-2432 • www.amendcenter.com
 American Cancer Society • 920 W. Washington St., Ste 200 • Spokane, WA • 509-242-8306
 American Childhood Cancer Organization Inland Northwest • PO Box 8031 • Spokane, WA • 509-443-4162 • www.acco.org/inlandnw
 American Heart Association • 140 S. Arthur St., Ste 610 • Spokane, WA • 509-536-1500 • www.heart.org
 Anna Schindler Foundation • 6700 S. Staeline Rd. • Post Falls • 777-8985 • www.annaschindlerfoundation.org
 Bereaved Parents of the USA • Coeur d'Alene, ID • 773-5684 • www.nidbereavedparents.org
 Grandparents Raising Children • 3265 16th Ave. • Post Falls, ID • 777-9851
 Idaho Kinship Project • 3202 Wedgewood Loop • Coeur d'Alene, ID • 769-7096, 665-8975 • www.kootenaialliance.org/subcommittees
 Idaho Joint Military Family Programs • 1-888-344-1198 • nationalguard.idaho.gov/FamilyPrograms
 Inland NW SIDS Foundation • 1810 Schneidmiller Ave, #140B • Post Falls, ID • 208-557-4371 • www.inwsids.org
 Lake City Moms' Club • 1470 W. Hanley Ave • Coeur d'Alene, ID • 262-9522 • www.lakecitymomsclub.org
 Mothers Against Drunk Driving (MADD) • PO Box 362 • Hayden, ID • 660-6390 • www.madd.org
 NAMI Far North • PO Box 2415 • Sandpoint, ID • 597-2047 • www.nami.org/sites/namifarnorth
 NAMI National Alliance on Mental Illness • PO Box 1082 • Coeur d'Alene, ID • 691-9674 • www.namicoeurdalene.org/
 North Idaho AIDS Coalition • 2201 Government Way, C • Coeur d'Alene, ID • 665-1448 • www.northidahoaidscoalition.org
 Panhandle Autism Society • 411 N. 15th St., Ste 105 • Coeur d'Alene, ID • 755-7647 • panhandleautismsociety.org
 United Cerebral Palsy of Idaho, Inc • 5420 W. Franklin, Ste A • Boise, ID • 888-289-3259 • www.ucpidaho.org



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